

Your Health Our Priority

Preventive Health Check-up



01

People with pre-existing medical conditions Once every 1 - 2 years.



02

Under 35 years Once every 2 to 3 years



How often should you get a routine health check-up?



From 35 - 55 years
Check-up every 2 years.

03



Beyond 55 years Check up once every year.

04

Available Health Check Up Packages



Basic Health Check
₹1999



Master Health Check
₹3999



Pro Health Check
₹5999



Geriatric Health Check
₹2999



**Pre Employment
Health Check**
₹1200



Gym Health Check
₹987



Thyroid Health Check
₹3000



**Polycystic Ovarian
Disease Pack**
₹2500



BASIC HEALTH CHECK UP

✔ Blood Tests

- ✔ Complete Hemogram with ESR
- ✔ Blood Grouping/Typing
- ✔ Diabetic – RBS, HBA1C
- ✔ Lipid Profile – Total Cholesterol, Triglycerides, LDL, HDL
- ✔ RFT – Urea, Creatinine
- ✔ LFT - Total Protein, Bilirubin – Total, Direct, Indirect
- ✔ TFT – Free T3, Free T4, TSH

✔ Other Tests

- ✔ ECG
- ✔ Chest X-Ray
- ✔ USG Abdomen & Pelvis - Screening
- ✔ Vitals
- ✔ General Examination
- ✔ Visual Acuity, Colour Vision & Oral Screening
- ✔ Urine R/E
- ✔ Physician Consultation
- ✔ Diet Counselling

₹ 1999



MASTER HEALTH CHECK UP

- ✓ All the Test Included in Basic Health Checkup

Male

- ✓ Blood Test

- ✓ Diabetic – FBS, PPBS & HBA1C
- ✓ Lipid Profile – VLDL
- ✓ LFT - SGOT, SGPT
- ✓ SR Electrolytes – Sodium, Potassium, Calcium, Chloride, Bicarbonate
- ✓ Vitamin B12, Vitamin D
- ✓ PSA

- ✓ Other Tests

- ✓ ECHO
- ✓ PFT
- ✓ Stool R/E

- ✓ Physician Consultation

Female

- ✓ Blood Test

- ✓ Diabetic – FBS, PPBS & HBA1C
- ✓ Lipid Profile – VLDL
- ✓ LFT - SGOT, SGPT
- ✓ SR Electrolytes – Sodium, Potassium, Calcium, Chloride, Bicarbonate
- ✓ Vitamin B12, Vitamin D

- ✓ Other Tests

- ✓ ECHO
- ✓ PFT
- ✓ PAP Smear
- ✓ Stool R/E

- ✓ Physician & Gynec
Consultations

₹ 3999



PRO HEALTH CHECK UP

✓ All the Test Included in Master Health Checkup

Male

✓ Blood Test

- ✓ Peripheral Smear
- ✓ Diabetic – Average Blood Glucose
- ✓ Lipid Profile – HDL/LDL Ratio
- ✓ LFT - Albumin, Globulin, A:G Ratio, ALP
With Amylase, Lipase, GGT
- ✓ RFT – Uric Acid, BUN
- ✓ TIBC and Iron

✓ Other Tests

- ✓ TMT
- ✓ Audiometry
- ✓ Detailed Fundus Examination

✓ Diet & Wellness Counselling

✓ Ophthal, Physician & Dental Consultations

Female

✓ Blood Test

- ✓ Peripheral Smear
- ✓ Diabetic – Average Blood Glucose
- ✓ Lipid Profile – HDL/LDL Ratio
- ✓ LFT - Albumin, Globulin, A:G Ratio, ALP
With Amylase, Lipase, GGT
- ✓ RFT – Uric Acid, BUN
- ✓ TIBC and Iron

✓ Other Tests

- ✓ TMT
- ✓ Audiometry
- ✓ Mammogram
- ✓ Detailed Fundus Examination

✓ Diet & Wellness Counselling

✓ Ophthal, Physician & Dental Consultations

₹ 5999



GERIATRIC HEALTH CHECK UP

✔ All the Test Included in Basic Health Checkup

Male

✔ Blood Test

- ✔ Diabetic – PPBS
- ✔ LFT - SGOT, SGPT
- ✔ SR Electrolytes – Sodium, Potassium, Calcium
- ✔ Vitamin B12, Vitamin D
- ✔ PSA

✔ Other Tests

- ✔ Stool R/E
- ✔ ECHO

✔ Physician Consultation

Female

✔ Blood Test

- ✔ Diabetic – PPBS
- ✔ LFT - SGOT, SGPT
- ✔ SR Electrolytes – Sodium, Potassium, Calcium
- ✔ Vitamin B12, Vitamin D

✔ Other Tests

- ✔ Stool R/E
- ✔ ECHO
- ✔ PAP Smear

✔ Physician & Gynac Consultations

₹ 2999



THYROID HEALTH CHECK UP

- ✓ Free T4,TSH
- ✓ Anti TPO Antibody
- ✓ USG Neck
- ✓ Endocrinologist Consultation

₹ 3000



POLYCYSTIC OVARIAN DISEASE PACK

- ✓ FSH
- ✓ LH
- ✓ TSH
- ✓ Prolactin
- ✓ USG Pelvis
- ✓ Gynecologist Consultation

Note - 2nd day of menstrual period at 8 am

₹ 2500



PRE EMPLOYMENT HEALTH CHECK UP

✓ Blood Test

- ✓ Complete Hemogram with ESR
- ✓ Blood Grouping/typing
- ✓ Diabetic – RBS, HBA1C
- ✓ Lipid Profile – Total Cholesterol
- ✓ RFT – Urea, Creatinine
- ✓ LFT - Total Protein, Bilirubin – Total

✓ ECG & Chest X-Ray

✓ Vitals & General Examination

✓ Physician Consultations

₹ 1200



GYM HEALTH CHECK UP

✔ Blood Test

- ✔ Complete Hemogram with ESR
- ✔ Diabetic – RBS, HBA1C
- ✔ Lipid Profile – Total Cholesterol
- ✔ RFT – Urea, Creatinine
- ✔ LFT - Total Protein, Bilirubin – Total

✔ ECG & Chest X-Ray

✔ Vitals & General Examination

✔ Physician Consultation

₹ 987



To Book An Appointment
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