



Centre for
Women's
Health and Wellness

The Centre for Women's Health & Wellness at SRM Global Hospitals is your trusted partner in every step of your journey through pregnancy, childbirth, and motherhood. Our dedicated team of specialists, state-of-the-art facilities, and holistic approach ensure that you receive comprehensive care tailored to your unique needs. We are committed to empowering women with knowledge, care, and confidence as they embrace this transformative journey. Explore our services and join a community that prioritizes your health and well-being.



Reach us



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Chennai - 603 203.



www.srmglobalhospitals.com



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At SRM Global Hospitals,
your well-being is our priority



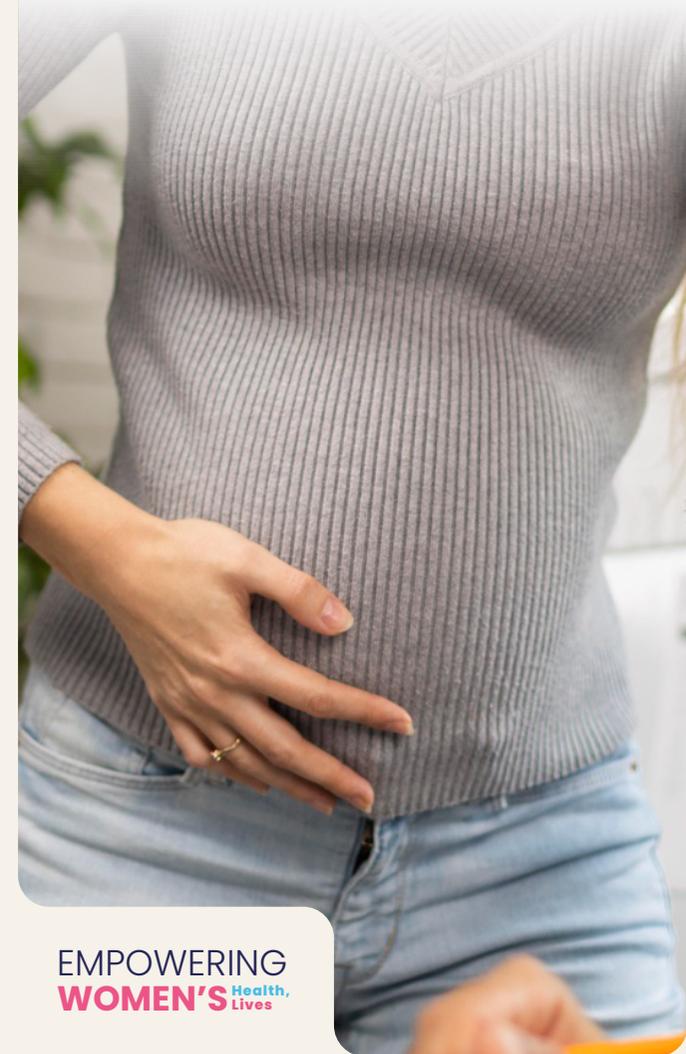
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WARNING SIGNS
DURING PREGNANCY



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WHAT IS IT?

While most pregnancies progress smoothly, some may present warning signs that require immediate attention. Recognizing these signs early can prevent complications and ensure the safety of both mother and baby. Awareness and timely medical intervention are crucial.

WHAT HAPPENS?

• **Common Warning Signs :**

- Severe abdominal pain or cramping.
- Persistent headaches or vision changes.
- Sudden swelling in hands, feet, or face.
- Decreased fetal movements after 28 weeks.

• **Medical Emergencies :**

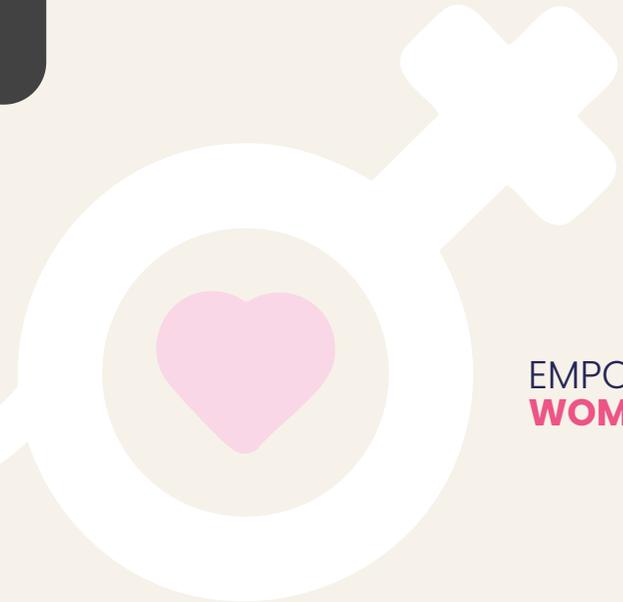
- Heavy vaginal bleeding or fluid leakage.
- High fever or severe vomiting.
- Symptoms of preeclampsia, such as high blood pressure and protein in urine.

HOW TO DEAL WITH IT & EXPERT GUIDANCE

- **Prompt Action :** If you notice any warning signs, contact your healthcare provider or visit the nearest emergency room immediately.
- **Routine Monitoring :** Regular prenatal checkups help identify potential issues early. Our Hospital offers advanced diagnostic tools, including ultrasounds and blood tests, to monitor your pregnancy closely.

- **Educational Programs:** Attend workshops to learn how to identify and respond to warning signs effectively.

Our team at SRM Global Hospitals is always ready to provide immediate care and support, ensuring the well-being of you and your baby at all times.



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