



Centre for
Women's
Health and Wellness

The Centre for Women's Health & Wellness at SRM Global Hospitals is your trusted partner in every step of your journey through pregnancy, childbirth, and motherhood. Our dedicated team of specialists, state-of-the-art facilities, and holistic approach ensure that you receive comprehensive care tailored to your unique needs. We are committed to empowering women with knowledge, care, and confidence as they embrace this transformative journey. Explore our services and join a community that prioritizes your health and well-being.



Reach us



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At SRM Global Hospitals,
your well-being is our priority



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**SRM GLOBAL
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**VACCINATIONS
AND MEDICATIONS**



EMPOWERING
WOMEN'S Health,
Lives

WHAT IS IT?

Vaccinations and medications play a pivotal role in ensuring a healthy pregnancy and a safe outcome for both mother and baby. Vaccines protect against preventable diseases that can pose risks during pregnancy, while appropriate medications manage existing health conditions and prevent complications. Understanding what is necessary and safe during pregnancy is essential for optimal prenatal care.

WHAT HAPPENS?

During pregnancy, the immune system undergoes changes, making mothers more vulnerable to certain infections. Vaccinations provide immunity against these diseases, reducing risks to the fetus. Medications may also be prescribed to manage pregnancy-related conditions like hypertension, gestational diabetes, or anemia. Here's an overview:

• **Vaccinations:**

- Tetanus, Diphtheria, and Pertussis (Tdap): Recommended between weeks 27 and 36 to protect against whooping cough.
- Influenza Vaccine: Helps prevent flu complications, which can be severe during pregnancy.
- Optional Vaccines: In specific cases, vaccines like Hepatitis B or Measles, Mumps, and Rubella (MMR) may be recommended before pregnancy.

• **Medications :**

- Prescriptions are often tailored to treat conditions such as high blood pressure, thyroid disorders, or infections.
- Certain over-the-counter medications may need to be avoided or replaced with safer alternatives.
- Supplements like folic acid, iron, and calcium are essential for fetal development

HOW TO DEAL WITH IT & EXPERT GUIDANCE

Navigating vaccinations and medications during pregnancy requires expert oversight and careful planning. Here's how SRM Global Hospitals supports mothers-to-be:

• **Vaccination Schedule :**

- Follow the recommended vaccine timeline provided by our obstetricians to ensure timely protection.
- Understand the benefits and safety of each vaccine through consultations with our experts.

• **Medication Management :**

- Share your complete medical history with your healthcare provider to assess medication safety.

- Never self-medicate during pregnancy; always consult with your doctor.
- Use only prescribed prenatal vitamins and supplements to support healthy fetal development.

• **Monitoring and Support:**

- Regular prenatal visits ensure close monitoring of medication effectiveness and side effects.
- Access to 24/7 support from SRM Global Hospitals healthcare team for questions or concerns.

At SRM Global Hospitals, we prioritize your safety and that of your baby by providing comprehensive guidance on vaccinations and medications. With our team's expertise, you can navigate this aspect of pregnancy with confidence and peace of mind

